

Top 10 Reasons to Get a Spiritual Director

10. You decide to return to the church of your childhood and *it's not there anymore.*
9. You want to explore other spiritual traditions or practices but you don't know where to start.
8. Your life is (choose one): boring, repetitive, mindless, drifting, unfocused, disappointing, in perpetual crisis, or _____.
7. You called God and there was no answer.
6. You lost your (choose one or more) job/partner/spouse/love/pet/child/parent/reason for living/ _____.
5. You read *Eat/Pray/Love* or *A New Earth* or *It's Really All About God* or _____ and you want to talk about how your spirituality has surprisingly evolved over time.
4. You sense an urgency in our planet's life-expectancy and don't want to miss the bus traveling toward "Deeper Spirituality That Honors Our Mother—Earth."
3. Your friends change the subject when you ask spiritual questions that have been bugging you.
2. Your partner's eyes glaze over when you try to share your spiritual experiences.
1. You walked a Labyrinth and have lots of questions about the way it moved you and opened you to Spirit in a way you'd never experienced before.